

# HOW YOU CAN GET INVOLVED WITH RARE DISEASE DAY

Rare Disease Day is the globally-coordinated movement on rare diseases, working towards equity in social opportunity, healthcare, and access to diagnosis and therapies for people living with a rare disease. Since its creation in 2008, Rare Disease Day has played a critical part in building an international rare disease community that is multi-disease, global, and diverse—but united in purpose.

Join the [Global Chain of Lights](#) this Rare Disease Day. Together we will light up our monuments, our public spaces, our buildings, homes, hospitals and more. These lights show our resilience and strength towards a brighter future. Collectively, we can improve the lives of the **300 million people worldwide** living with a rare disease.

## SCREEN THE VIDEO



Stream to your TV or laptop, fill your home with colour, **28 February, 7pm**. Share your story online with the hashtag **#LightUpforRare**

## GET CREATIVE



You could create your own **window display** - with coloured lights, painted pictures, tissue paper collages or your drawings - however you like to get creative, share your colours!

## WANT TO DO MORE?



**Start a conversation** with the people in your community to help spread awareness of people living with a rare disease. **Share your story**, or share the story of people who inspire you. The more voices that join us, the louder we can be in our demand for equity.



Check out all the **events and activities** happening around the world. Here you can find and join patient organisations, and **join your community**. You can even create your own event and post it to the website, to raise awareness or raise donations.



**Download** a whole host of **campaign materials** - from social media graphics, videos, posters, badges, banners and toolkits. We've got everything you need to help raise awareness, **your way**.