HOW YOU CAN GET INVOLVED WITH RARE DISEASE DAY

Rare Disease Day is the globally-coordinated movement on rare diseases, working towards equity in social opportunity, healthcare, and access to diagnosis and therapies for people living with a rare disease. Since its creation in 2008, Rare Disease Day has played a critical part in building an international rare disease community that is multi-disease, global, and diverse—but united in purpose.

Join the Global Chain of Lights this Rare Disease Day. Together we will light up our monuments, our public spaces, our buildings, homes, hospitals and more. These lights show our resilience and strength towards a brighter future. Collectively, we can improve the lives of the 300 million people worldwide living with a rare disease.

SCREEN THE VIDEO

Stream to your TV or laptop, fill your home with colour, 29 February, 7pm. Share your story online with the hashtag #LightUpforRare

GET CREATIVE

You could create your own window display - with coloured lights, painted pictures, tissue paper collages or your drawings - however you like to get creative, share your colours!

WANT TO DO MORE?

Start a conversation with the people in your community to help spread awareness of people living with a rare disease. Share your story, or share the story of people who inspire you. The more voices that join us, the louder we can be in our demand for equity.

Check out all the events and activities happening around the world. Here you can find and join patient organisations, and join your community. You can even create your own event and post it to the website, to raise awareness or raise donations.

Download a whole host of campaign materials - from social media graphics, videos, posters, badges, banners and toolkits. We've got everything you need to help raise awareness, your way.

#LightUpforRare this #RareDiseaseDay